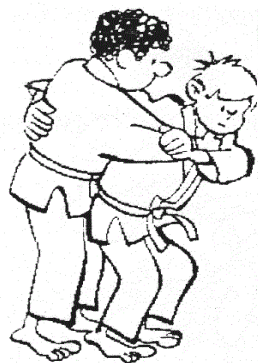


CEINTURE JAUNE - ORANGE

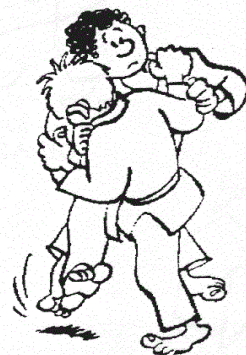
PRISES DEBOUT



O GOSHI



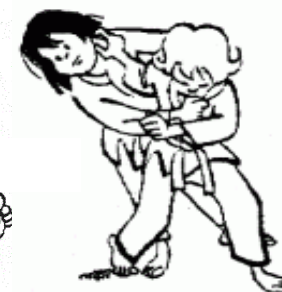
O UCHI GARI



KO UCHI GARI



O SOTO GARI



TAI OTOSHI

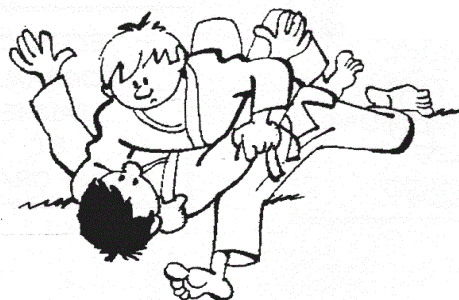
PRISES AU SOL



YOKO SHIHO GATAME



KAMI SHIHO GATAME



HON GESA GATAME



TATE SHIHO GATAME