

Demi\_fond 2017  
Embourg, 29-1-2017

Epreuve 1  
29-01-17 - 14:00

Dames, 400m Libre

15 ans et plus  
Liste résultats

Points: FINA 2015

Rang					AN					Temps	Pts
<b>15 - 16 ans</b>											
1.	HEUSE, Olivia				02	Vn				<b>5:01.25</b>	
	50m:	33.84	33.84	150m:		250m:		350m:			
	100m:	1:10.79	36.95	200m:	2:27.47	300m:		400m:	5:01.25		
2.	FLAS, Camille				01	Vn				<b>5:12.83</b>	
	50m:	34.16	34.16	150m:		250m:		350m:			
	100m:	1:11.16	37.00	200m:	2:29.09	300m:		400m:	5:12.83		
3.	COKAIKO, Alice				02	Ch.Th.N.				<b>5:59.07</b>	
	50m:	39.41	39.41	150m:		250m:		350m:			
	100m:	1:24.29	44.88	200m:	2:55.77	300m:		400m:	5:59.07		
4.	WERY, Emilie				02	Ch.Th.N.				<b>6:04.11</b>	
	50m:	40.41	40.41	150m:		250m:		350m:			
	100m:	1:25.92	45.51	200m:	2:58.90	300m:		400m:	6:04.11		
abandon	ESSAIDI, Samia				02	Ch.Th.N.					
<b>17 - 18 ans</b>											
1.	ANDRÉ, Loralie				00	Ch.Th.N.				<b>5:08.53</b>	
	50m:	36.20	36.20	150m:		250m:		350m:			
	100m:	1:14.17	37.97	200m:	2:32.67	300m:		400m:	5:08.53		

Epreuve 2  
29-01-17 - 14:15

Messieurs, 400m Libre

15 ans et plus  
Liste résultats

Points: FINA 2015

Rang					AN					Temps	Pts
<b>15 - 16 ans</b>											
1.	LOURTIE, Hugo				02	Ch.Th.N.				<b>4:18.30</b>	
	50m:	30.17	30.17	150m:		250m:		350m:			
	100m:	1:02.34	32.17	200m:	2:07.45	300m:		400m:	4:18.30		
2.	HENDRICK, Sébastien				01	Ch.Th.N.				<b>4:46.76</b>	
	50m:	32.02	32.02	150m:		250m:		350m:			
	100m:	1:07.64	35.62	200m:	2:22.34	300m:		400m:	4:46.76		
3.	CRISMER, Cyril				01	Embou				<b>4:54.64</b>	
	50m:	33.05	33.05	150m:		250m:		350m:			
	100m:	1:11.85	38.80	200m:	2:28.55	300m:		400m:	4:54.64		
4.	VAELEN, Tom				01	Embou				<b>4:59.82</b>	
	50m:			150m:		250m:		350m:			
	100m:	1:11.19		200m:	2:27.28	300m:		400m:	4:59.82		
5.	EPPE, Guillaume				01	Embou				<b>5:06.29</b>	
	50m:	33.40	33.40	150m:		250m:		350m:			
	100m:	1:12.34	38.94	200m:	2:32.00	300m:		400m:	5:06.29		
6.	MASSIGNAN, Ilias				02	Ch.Th.N.				<b>5:06.75</b>	
	50m:	36.01	36.01	150m:		250m:		350m:			
	100m:	1:13.98	37.97	200m:	2:31.70	300m:		400m:	5:06.75		
7.	MASSIGNAN, Yannis				02	Ch.Th.N.				<b>5:09.48</b>	
	50m:	35.63	35.63	150m:		250m:		350m:			
	100m:	1:13.80	38.17	200m:	2:31.72	300m:		400m:	5:09.48		
8.	BENZIGER, Sacha				02	Embou				<b>5:25.15</b>	
	50m:	33.87	33.87	150m:		250m:		350m:			
	100m:	1:14.72	40.85	200m:	2:39.29	300m:		400m:	5:25.15		

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Epreuve 2, Garçons, 400m Libre, 15 - 16 ans

Rang				AN			Temps	Pts
9.	MENTEN, Noah			02	Ch.Th.N.		<b>6:14.63</b>	
	50m:	40.90	40.90	150m:		250m:	350m:	
	100m:	1:27.66	46.76	200m:	3:04.05	300m:	400m:	6:14.63

17 - 18 ans

1.	LOURTIE, Antoine			00	Ch.Th.N.		<b>4:25.91</b>	
	50m:	30.62	30.62	150m:		250m:	350m:	
	100m:	1:02.84	32.22	200m:	2:09.16	300m:	400m:	4:25.91

Epreuve 3  
29-01-17 - 15:00

Dames, 400m 4 nages

11 ans et plus  
Liste résultats

Points: FINA 2015

Rang				AN			Temps	Pts
15 - 16 ans								
1.	NATALIS, Sarah			02	Ch.Th.N.		<b>6:13.25</b>	
	50m:	39.42	39.42	150m:		250m:	350m:	
	100m:	1:25.34	45.92	200m:		300m:	400m:	6:13.25

Epreuve 4  
29-01-17 - 15:10

Messieurs, 400m 4 nages

11 ans et plus  
Liste résultats

Points: FINA 2015

Rang				AN			Temps	Pts
15 - 16 ans								
1.	LOURTIE, Hugo			02	Ch.Th.N.		<b>5:05.18</b>	
	50m:	33.52	33.52	150m:		250m:	350m:	
	100m:	1:11.30	37.78	200m:		300m:	400m:	5:05.18
2.	CRISMER, Cyril			01	Embou		<b>5:32.43</b>	
	50m:			150m:		250m:	350m:	
	100m:	1:17.32		200m:		300m:	400m:	5:32.43
3.	EPPE, Guillaume			01	Embou		<b>5:37.05</b>	
	50m:	37.49	37.49	150m:		250m:	350m:	
	100m:	1:22.23	44.74	200m:		300m:	400m:	5:37.05
4.	VAELEN, Tom			01	Embou		<b>5:45.21</b>	
	50m:	38.30	38.30	150m:		250m:	350m:	
	100m:	1:22.65	44.35	200m:		300m:	400m:	5:45.21
5.	BENZIGER, Sacha			02	Embou		<b>6:00.11</b>	
	50m:	37.68	37.68	150m:		250m:	350m:	
	100m:	1:27.18	49.50	200m:		300m:	400m:	6:00.11

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Epreuve 5  
29-01-17 - 15:50

Dames, 800m Libre

11 ans et plus  
Liste résultats

Points: FINA 2015

Rang					AN					Temps	Pts
<b>13 - 14 ans</b>											
1.	PIGEON, Kelly				03	Koninklijke Vilvoordse Zwemclu				<b>10:29.94</b>	
	100m:	1:14.22	1:14.22	300m:		500m:		700m:		10:29.94	
	200m:	2:33.34	1:19.12	400m:	5:12.55	600m:		800m:			
2.	DE BACKER, Annelore				04	Koninklijke Vilvoordse Zwemclu				<b>11:10.15</b>	
	100m:	1:20.76	1:20.76	300m:		500m:		700m:		11:10.15	
	200m:	2:46.86	1:26.10	400m:	5:36.36	600m:		800m:			

**17 - 18 ans**

1.	MICELI, Florence				00	Dauphin Grâce-Hollogne Natatio				<b>11:33.29</b>	
	100m:	1:25.11	1:25.11	300m:		500m:		700m:		11:33.29	
	200m:	2:58.51	1:33.40	400m:	6:06.36	600m:		800m:			
2.	GIBON, Tiffany				99	Dauphin Grâce-Hollogne Natatio				<b>13:32.90</b>	
	100m:	1:24.33	1:24.33	300m:		500m:		700m:		13:32.90	
	200m:	3:02.18	1:37.85	400m:	6:33.22	600m:		800m:			

Epreuve 6  
29-01-17 - 16:05

Messieurs, 1500m Libre

11 ans et plus  
Liste résultats

Points: FINA 2015

Rang					AN					Temps	Pts
<b>13 - 14 ans</b>											
1.	CAMERLYNCK, Mathias				04	Koninklijke Vilvoordse Zwemclu				<b>19:36.18</b>	
	100m:	1:16.77	1:16.77	500m:		900m:		1300m:			
	200m:	2:35.52	1:18.75	600m:		1000m:		1400m:			
	300m:			700m:		1100m:		1500m:	19:36.18		
	400m:	5:11.80		800m:	10:26.55	1200m:					
2.	PIROTTE, Sebastian				03	Koninklijke Vilvoordse Zwemclu				<b>21:04.88</b>	
	100m:	1:18.82	1:18.82	500m:		900m:		1300m:			
	200m:	2:40.79	1:21.97	600m:		1000m:		1400m:			
	300m:			700m:		1100m:		1500m:	21:04.88		
	400m:	5:29.63		800m:	11:09.24	1200m:					
3.	DUPONT, Sebastien				04	Dauphin Grâce-Hollogne Natatio				<b>24:01.58</b>	
	100m:	1:23.48	1:23.48	500m:		900m:		1300m:			
	200m:	2:57.84	1:34.36	600m:		1000m:		1400m:			
	300m:			700m:		1100m:		1500m:	24:01.58		
	400m:	6:10.35		800m:	12:36.65	1200m:					
4.	PALERMO, Florian				03	Dauphin Grâce-Hollogne Natatio				<b>26:47.54</b>	
	100m:	1:28.25	1:28.25	500m:		900m:		1300m:			
	200m:	3:10.97	1:42.72	600m:		1000m:		1400m:			
	300m:			700m:		1100m:		1500m:	26:47.54		
	400m:	6:44.27		800m:	13:52.42	1200m:					
abandon	QUARANTA, Matteo				03	Dauphin Grâce-Hollogne Natatio					

**15 - 16 ans**

1.	DUPONT, Jonathan				02	Dauphin Grâce-Hollogne Natatio				<b>21:11.24</b>	
	100m:	1:14.66	1:14.66	500m:		900m:		1300m:			
	200m:	2:38.39	1:23.73	600m:		1000m:		1400m:			
	300m:			700m:		1100m:		1500m:	21:11.24		
	400m:	5:30.51		800m:	11:14.16	1200m:					

Epreuve 6, Messieurs, 1500m Libre

19 ans et plus

1.	LARDINOIS, Louis		98	Dauphin Grâce-Hollogne Natatio	<b>21:43.23</b>
	100m: 1:18.99	1:18.99	500m:	900m:	1300m:
	200m: 2:43.57	1:24.58	600m:	1000m:	1400m:
	300m:		700m:	1100m:	1500m: 21:43.23
	400m: 5:36.48		800m: 11:28.86	1200m:	