

Sun & Sea Cha Cha

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Description : 32 temps, 4 murs, Débutant/Novice,
Février 2018

Musique : Nel Sole Nel Mare by Antonella Nuti
– 124 bpm



Intro: 32 counts

Side, Back, Recover, Lock Step, Pivot 1/4 R, Cross Shuffle

- 1-2-3 LF Step L , RF Step back, LF Recover on L
- 4&5 RF Step forward LF Lock behind R, RF Step forward
- 6-7 LF Step forward, RF 1/4 turn Right (3:00)
- 8&1 LF Cross over R, RF Step side R, LF Cross over R

Hip Sway, Behind, 1/4 L Forward, Forward, Rock Forward, Recover, Chasse 1/4 Turn L

- 2-3 RF Step R side sway hips R, LF sway hips L (weight on L)
- 4&5 RF step behind L, LF 1/4 L stepping forward(12:00), RF step forward
- 6-7 LF rock forward, RF recover weight
- 8&1 LF 1/4 turn L(9:00), RF Step Together, LF Step L side

Cross, Point, Sailor Step 1/4 L, 1/2 Turn L, Lockstep R

- 2-3 RF cross over LF, LF point to left side,
- 4&5 LF 1/4 left cross behind(6:00), RF step beside, LF step slightly forward
- 6-7 RF step forward, RF & LF 1/2 turn L(12:00)
- 8&1 RF step forward, LF lock behind RF, RF step forward

Hold, Step Lock Behind, Hold, Step Lock Behind, Step, Rock Recover, Sailor Step 1/4 L

- 2&3 Hold, LF step forward, RF lock behind LF
- 4&5 Hold, LF small step forward, RF step forward
- 6-7 LF step forward, RF recover
- 8& LF 1/4 left cross behind(9:00), RF step beside

Start again