

Amael and Araya's Conferences and discovery workshops

We offer introductory talks, teleconferences and one-day discovery workshops that are open to anyone. Anyone wishing to learn more about the path of self-realization and healing, and about the workshops and transmissions can register for either. Download all the info/programs/themes: [Conferences and discovery workshops](#)

By participating in a conference, you can acquire a better understanding of the proposed work in the workshops and transmissions, of what you desire for your own journey and how this may be able to help you. You are also able to receive answers to all of your questions. You also have the opportunity to participate each month in a free teleconference on a given theme. To register for the next free monthly teleconference: [Info and registration](#)

By registering for a one-day discovery workshop, you can also have a direct and concrete experience of the power, love and wisdom of the work offered, and of how it can concretely help you.

1) Discovery Conferences and Teleconferences

We offer conferences and teleconferences that are open to all.

The conferences are given by Araya and Amael in person in a sacred space, while the teleconferences are done by telephone and allow you to attend from your home, wherever you may be in the world.

Program:

During a conference or teleconference, you will typically experience:

- an exposé on the proposed subject
- an introduction to our teachings and workshops
- an introduction about transmissions and private sessions
- time for questions and answers
- one or two energetic practices (during the conferences only, time permitting)

Duration:

The conferences typically last about 2 hours, and the teleconferences 1 hour.

Who are conferences or teleconferences for?

They are open to all, whether you are on a spiritual path or not. Elles sont ouvertes à toutes et à tous, que vous soyez sur un chemin spirituel ou pas. All - men, women, singles, couples, parents and teens - are welcome. Typically, this will be most interesting for those in the following groups:

- peer groups
- women's circles
- men's groups
- associations, sites or blogs devoted to couples/sacred union/conscious relationship/counseling for couples or conscious maternity, birthing and education
- clinics, associations, sites, blogs connected with issues around sexual health
- part of a kundalini yoga, tai-chi or meditation group

- Young adolescent women just entering their journey into the sacred temple of their womb are also particularly welcome.

Non-exhaustive list of proposed subjects:

- Opening to a path of spiritual healing
- The awakening of Shakti, the inner feminine energy
- Activation of your creative feminine power
- Rediscovery of one's personal creative power
- Becoming an adult: stepping out of the cycle of victim/perpetrator
- Healing the wounded warrior
- Healing one's sexuality
- Sacred sexuality
- The 7 gates that lead to union of the inner masculine and feminine
- The Royal Road towards Sacred Union for couples
- Rediscover your divine masculine and feminine
- Cultivate authentic and harmonious relationships
- Conscious pregnancy and birthing: lotus birth
- Rediscover the connection to your Soul
- Find your soul mission and put it into practice
- The inner Grail
- How to rediscover one's essence and true divine nature?
- Coming home to love, wisdom and power
- The end of suffering: liberating oneself from the wheel of life and death
- Manifesting love in daily life
- Unconditional love: illusion or reality?
- How to be in inner peace and joy?
- How to be free of fear, anger and sadness?
- The path of Christ and Buddha
- Feeding oneself with Manna, the nourishment of the 21st century
- Discovery your Dragon Within

How to organize a discovery workshop in your home or area?

If you wish to explore one of these subjects by organizing a conference in your home or area, contact us. In order to do this, you will need:

- to bring together 10 or more people, which could be 5 couples of friends or 10 members of a network or group that you frequent.
- to have a room available for the conference. You can use space in your home if it is sufficient.
- to send us a list of the names and email addresses of the people wishing to participate in a teleconference. We will send the instructions to each participant to connect at the appointed time.

Cost and registration:

Participation is generally free. In the case of a conference, we would ask for our expenses for travel and lodging be covered, either by making a collection among the participants, or by asking a minimum recommended donation left to each participant's desire to contribute.

2) Discovery Workshops

We offer one-day discovery workshops open to everyone.

Program:

During a discovery workshop, you will typically explore:

- a general exposé of our work and the proposed subject
- during the morning, one or two energetic practices that purify and cleanse the body of dense energies and assist in opening the womb/hara and/or the heart
- during the afternoon, a more in depth look at the chosen subject along with one or two more practices, yoga or meditation
- time for questions/answers

Who are discovery workshops for?

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All - men, women, singles, couples, parents and teens - are welcome. Typically, this will be most interesting for those in the following groups:

- peer groups
- women's circles
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- associations, sites or blogs devoted to couples/sacred union/conscious relationship/counseling for couples or conscious maternity, birthing and education
- clinics, associations, sites, blogs connected with issues around sexual health
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Non-exhaustive list of proposed subjects:

- Opening to a path of spiritual healing
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- Find your soul mission and put it into practice
- The inner Grail
- How to rediscover one's essence and true divine nature?

- Coming home to love, wisdom and power
- The end of suffering: liberating oneself from the wheel of life and death
- Manifesting love in daily life
- Unconditional love: illusion or reality?
- How to be in inner peace and joy?
- How to be free of fear, anger and sadness?
- The path of Christ and Buddha
- Discovery your Dragon Within

How to organize a discovery workshop in your home or area?

If you wish to explore one of these subjects and experience the type of work that we offer by organizing a workshop in your home or area, contact us. In order to do this, you will need:

- to bring together 10 or more people, which could be 5 couples of friends or 10 members of a network or group that you frequent. You can use space in your home if it is sufficient.
- to rent a space/room of at least 30 square meters (roughly 270 sq. ft. i.e. an 18 ft x 15 ft room)
- plan on one yoga mat or mattress pad per person.

Cost and registration:

The cost per person is 100 euros for the day, less for groups great than 15 people. Registration is accepted with a deposit of 200 euro for the group, with the balance due in cash from the organizer onsite.